

## SERIES OF EVENTS

(During Academic Year September 2019 - August 2020)

Sl. No	Date	Particulars
1	4 <sup>th</sup> September, 2019	Our House Surgeons - <b>Dr. Nihal and Dr. Vidyamol</b> have secured Third Place in the State Level Quiz Competition (Final) <b>“AYURWHIZ-4”</b> , Conducted by Himalaya Pharmaceuticals at Amrita School of Ayurveda, Kollam on 4 <sup>th</sup> September, 2019..
2	4 <sup>th</sup> September 2019	A team of 38 final year students, 6 House Surgeons together with Dr. Arun Prasad, Dr. Rashin Chandrasekhar, Dr. Arun Babu and Dr. Jose participated in Flood Relief Campaign (medical camp and medicines kit distribution) at Chungatha Grama Panchayat, Nilampur, Malappuram organized jointly by AMAI and ISM Dept.
3		Dr. Krishnanand and Dr. Jose KM participated in a workshop on OP Level Pancha Karma & Keraleeya Chikitsa Krama conducted at Attani Ayurbadaniya Hospital, Thrissur organized by AMAI
4	18 <sup>th</sup> September 2019	Conducted Felicitation Program for our former students who got admission for PG Course through AIAPGET-2019
5	19 <sup>th</sup> September 2019	The Women’s Kho Kho team of SAMC became the first runner up in KUHS interzone Kho Kho championship held on 18.09.2019 at Jubilee Mission Nursing College Ground.
6	3 <sup>rd</sup> October, 2019	Conducted <b>“Sishyopanayaneeyam”</b> (Induction Ceremony ) for First Year BAMS students will be conducted on 3 <sup>rd</sup> October (Thursday) at our College. Dr. Srikrishnan, Professor & HOD, Department of Agada Tantra, VPSV, AVC, Kottakkal was the Chief Guest, who performed Vidyarambam for the Students and released SAMC Prayer Audio CD.

7	16 <sup>th</sup> October, 2019	On the occasion of World Food Day, Dept. Of Swasthavritta conducted an awareness class for students of Kozhinjampara arts and science college.
8	16 <sup>th</sup> October, 2019	On the occasion of “World sight Day 2019”, Blind dance was performed by 4 <sup>th</sup> year BAMS students.
9	18 <sup>th</sup> October, 2019	An awareness class on Proprietary Medicines of Santhigiri conducted by Dr. B Rajkumar, Medical Superintendent ( ayurveda) and Dr. Brahmadathan, Deputy Medical Officer (Siddha)
10	24 <sup>th</sup> October, 2019 & 25 <sup>th</sup> October, 2019	On the occasion of 4 <sup>th</sup> National Ayurveda Day we conducted an inaugural function. The Dept. Of Swasthavritta arranged for a lunch based on pathyas. The Teachers and Students participated in Flash MOB conducted in association with District Medical Office, Palakkad, AMAI and National Ayush Mission on the Occasions of NATIONAL AYURVEDA DAY. The Theme for this year is Ayurveda for Longevity
11	31 <sup>st</sup> October, 2019	On the occasion of RASHTRIYA EKTA DIWAS (National Unity Day), conducted elocution and essay writing competition on the topic “ THE ROLE OF SARDAR VALLABHBHAI PATEL IN NATIONAL INTEGRATION” and Pledge taking.
12	10 <sup>th</sup> November, 2019	Dept of swasthavrittam, SAMC completed first session on Dinacharya with practical training to teachers, parents and students of Saraswati Vidyalayam, Nallepilly - as part of “Aayushkaameeyam” a school health initiative.
13	4 <sup>th</sup> November, 2019	As part of Cultural Exchange, Ms. Katharina Senk, Contemporary Dancer, Vienna, who is doing a dance project”Shakti” (funded and supported by the Austrian Federal Chancellery, Vienna) together with our Final Year Student Ms. Anjana MR, visited our College.
14	8 <sup>th</sup> November, 19	PTA General Body Meeting Conducted
15	11 <sup>th</sup> November, 19	Condolence Meeting on the sudden demise of <b>Dr. Prakash Magalasseri held</b>
16	19 <sup>th</sup> November,19	Students of Final Year BAMS together with Dr. Divya CS and Dr. Rashim visited Government Research for Mental Diseases, Kottakal as part of Manasikam Posting
17	18 <sup>th</sup> November, 19	On the occasion of Batch Day of 2017-18 batch, the students visited the Polygarden, Ottapalam on 19 <sup>th</sup> Nov, 2019. Dr. Arya and Dr. Kiran K Prasad led the team.
18	15 <sup>th</sup> November, 19	On the occasion of Batch Day of 2018-19 batch, the students visited the Old Age Home, Walayar. Dr. Sumam and Dr. Indulekha led the team

19	20 <sup>th</sup> November, 19	Inauguration of Dr. Sudhakar Memorial Cricket Tournament held at our College Ground
20	3 <sup>rd</sup> December, 2019 & 4 <sup>th</sup> December, 2019	2 <sup>nd</sup> Year Students together with Dr. Arya and Dr. Janani Remyaprabha Jnana Tapaswini participated in <b>Rasa Ayana II</b> , a capacity building programme organized by the Department of Rasasastra and Bhaishajya Kalpana, Government Ayurveda College Tripunithura under the Directorate of Ayurveda Medical Education and funded by Dept. Of AYUSH, Govt. Of Kerala .
21	7 <sup>th</sup> December, 2019 - 10 <sup>th</sup> December, 2019	<p>Total 18 students participated in KUHS Central Zone arts Fest - various events held at Government Medical College, Kottayam. We have won the following events:</p> <ol style="list-style-type: none"> <li>1. Oppanna - 1<sup>st</sup> Prize</li> <li>2. Group Dance - 1<sup>st</sup> Prize</li> <li>3. Essay Writing (English) - 1<sup>st</sup> Prize won by Arya JB</li> <li>4. Duffmutte - 1<sup>st</sup> Prize</li> <li>5. Mohiniyattam - 1<sup>st</sup> Prize won by Anjana MR</li> <li>6. Folk Dance - 1<sup>st</sup> Prize won by Anjana MR</li> <li>7. Kolkali - 2<sup>nd</sup> Prize</li> <li>8. Bharathanatyam - 2<sup>nd</sup> Prize - won by Anjana MR</li> <li>9. Vattapatt - 2<sup>nd</sup> Prize</li> <li>10. Essay Writing (Hindi) - 2<sup>nd</sup> Prize - won by Anaswara P</li> <li>11. Thiruvathirakali - 2<sup>nd</sup> Prize</li> <li>12. Pros and Cons - 2<sup>nd</sup> Prize won by Shahanas</li> <li>13. Sanskrit Short Story - 2<sup>nd</sup> Prize - won by Shruthi</li> <li>14. Arabic Story - 2<sup>nd</sup> Prize - won by Ashida</li> <li>15. Akshara Slokam - 3<sup>rd</sup> Prize - won by Kavya</li> <li>16. Sanskrit Poem - 3<sup>rd</sup> Prize - won by Reshmi</li> <li>17. Fancy Dress - 3<sup>rd</sup> Prize - won by Tasli</li> </ol>
22	<p>26<sup>th</sup> November, 2019</p> <p>4<sup>th</sup> December, 2019</p> <p>9<sup>th</sup> December, 2019</p>	<p>SAMC Students Union together with Department of Agada Tantra constituted a Team under “<b>NIRVISHA 19</b>” to provide awareness classes on Snake Bite and its Management, in the nearby Schools and/or Institutions.</p> <p>Series 1 - Conducted awareness class at Senior Basic School, Olasseri</p> <p>Series 2 - Conducted awareness class at Gopal Memorial Higher Secondary School, Thiruvathoor.</p> <p>Series 3 conducted at SSKA Saraswati Nilayam School inaugurated by Municipality Councillor, M.Sheena in the presence of PTA . Carried out 3 sessions, Introductory Class, PPT presentation and demonstration</p>

23	10 <sup>th</sup> Dec & 11 <sup>th</sup> Dec	SAMC Kho Kho Team Participated in Inter Zone Kho Kho tournament at Kozhikkode Medical College
24	8 <sup>th</sup> December, 2019	AMAI Chittur Area Convention held at our College. A CME program conducted on Knee Orthopedics by Dr. Shameer Thodengal
25	21 <sup>st</sup> December to 27 <sup>th</sup> December	National Service Scheme Special Camp conducted at Government School, Thenari during 21 <sup>st</sup> Dec - 27 <sup>th</sup> Dec 2019
26	20 <sup>th</sup> December	College Day Celebrated
27	31 <sup>st</sup> December	As part of KUHS -SSGP an Awareness class on “ Women Empowerment” conducted by a team by Ms. Prema Sub Inspector -Women Cell under District Police Office, Palakkad.
28	06 <sup>th</sup> Jan 2020	Conducted a guest lecture on the topic “ Applied Sanskrit in Understanding Ayurveda” by <b>Dr. Ramadas.P.</b> (Dept of Samhitha Siddhanta Amrita School of Ayurveda, Kollam).
29	9 <sup>th</sup> January	Students of Final Year BAMS are visited the Blind School, Sreekrishnapuram as part of their batch day celebration. Dr. Shyam Chandran and Dr. Anjali accompanied the students
30	10 <sup>th</sup> January to 13 <sup>th</sup> January 2020	Third Year BAMS visited Vagamon and Ramakalmedu as part of the College Tour Program.
31	16 <sup>th</sup> January, 2020	Oath Taking Ceremony conducted as part of the Kerala Government’s Anti-narcotic Program in the College Premises
32	17 <sup>th</sup> January, 2020	NSS Unit conducted a Flash mob on anti narcotism and road safety measures at Stadium Bus Stand, Palakkad in connection with World Traffic Day
33	17 <sup>th</sup> January, 2020	Conducted a class on “Ganitholsavam 2020” for the benefit of the students of Senior Basic School, Olassery on the topic “Health & Mathematics” by Department of Agada Tantra.
34	18 <sup>th</sup> January, 2020	Second Year BAMS students participated in the Nature Education Camp at Parambikulam Tiger Reserve Forest. Dr. Sumam E and Dr. Sneha MS lead the Team.

35	22 <sup>nd</sup> January, 2020	As part of study tour, Third Year BAMS batch visited Nila Nature Cure and Ayurveda Centre, Mayannur. Dr. Deepty Nair and Dr. Kiran K Prasad accompanied the students.
36	22 <sup>nd</sup> January, 2020	As a continuing process of World Sight Day, students of Final Year BAMS (2015 batch) visited Helen Keller Blind School, Sreekrishnapuram, Palakkad under the guidance of Department of Salakya Tantra.
37	26 <sup>th</sup> January, 2020	Flag Hoisting Ceremony held in our College Campus.
38	26 <sup>th</sup> January, 2020	A team of Teaching Faculties, Medical Officers and House Surgeons participated in Medical Camp conducted at Santhigiri Ashram Kannur
39	30 <sup>th</sup> January, 2020	Martyr's day was observed paying tribute to the father of the nation, Mahatma Gandhi. A two minute silence in memory of Indian martyrs was observed in the campus at 11 AM.
40	3 <sup>rd</sup> Feb 2020	Sanskrita Sibiram inaugurated. Chief Guest was Shri. Mohan Master
41	5 <sup>th</sup> Feb 2020	An Awareness Class on <b><u>Chickenpox &amp; Corona - Virus Outbreak followed by a skit on Cancer Awareness</u></b> conducted by the Department of Swastha Vritta & Yoga today.
42	6 <sup>th</sup> March, 2020	<p>One day national workshop “<b>KARMAABHYAASA</b>” on “Massage Techniques, Marma Chikitsa &amp; Bandage” be conducted jointly by the Department of Panchakarma and Department of Shalya Tantra on 6<sup>th</sup> March, 2020. The resource persons were;</p> <ol style="list-style-type: none"> <li>1. Dr. N.V. Sreevaths, District Program Manager, AYUSH</li> <li>2. Dr. Saifudeen, Medical Director and Consulting Physician, Shafi Ayurveda, Kalari, Marma Chikitsalayam, Thalassery</li> <li>3. Dr. Vinodkrishnan, Chief Physician, Amiya Ayurveda Hospital, Pattambi.</li> </ol>