

National Seminar on Unexplored Ayurveda Manuscripts.

National Seminar on Unexplored Ayurveda Manuscripts, organized by PNNM Ayurveda Medical College, Cheruthuruthy, on 27th August 2025 from 9:00 am to 4:00 pm. The seminar was supported by the World Ayurveda Foundation and conducted under the auspices of Sri Sri Jagadguru Shankaracharya Mahasamsthanam, Dakshinamnaya Sri Sharada Peetham, Sringeri, Karnataka.

Representing Santhigiri Ayurveda Medical College, Palakkad, Prof Niranjana K.J. along with 36 students of First Year BAMS actively participated in the program. This seminar provided the students with valuable exposure to manuscript-based studies in Ayurveda and the importance of Sanskrit as the foundation for such explorations.

The seminar was inaugurated by Dr. Muthulakshmi, Former Pro Vice-Chancellor, Sree Sankaracharya University of Sanskrit, Kalady, who is also the daughter of the renowned Ayurvedic scholar Raghavan Thirumulpad. In her inaugural address, she highlighted the importance of rediscovering and interpreting Ayurveda manuscripts in the light of contemporary practice.

Following the inaugural session, a series of scholarly lectures were delivered by eminent resource persons:

Vaidya Vimala Antharjanam (Ullanoor Mana) spoke on Prayoga Samucchayam, with special reference to Visha Chikitsa and its practical applications.

Vaidya M. Prasad (MD (Ayu), Director, Sunethri Ayurveda Asram, Thrissur) delivered a session on Sirasekaadi Vidhi, giving an in-depth textual perspective.

Dr. Ajayan Sadanandan (MD (Ayu), PhD, Former Professor, Dravyaguna Department, President, CIMH) presented on Marmashastra Samaahaaram, emphasizing manuscript-based literary exploration.

Ashtavaidyan Dr. Subin Vaidyamadam (MD (Ayu), Professor, Panchakarma Department, VPSV Ayurveda College, Kottakkal) discussed Navagandham, bringing out its hidden treasures.

The academic sessions were ably coordinated and moderated by Dr. Arjun M. (MD (Ayu), Assistant Professor, Rasashastra and Bhaishajya Kalpana Department, Vaidyaratnam Ayurveda College, Ollur–Thrissur), whose efforts ensured the smooth and effective conduct of the program.

Every speaker concluded by emphasizing the benefits of manuscript reading, pointing out that the failure to explore manuscripts leads to only partial knowledge transfer. They highlighted that a comprehensive understanding of Ayurveda can be attained only when manuscripts are studied alongside contemporary texts. Significantly, all the manuscripts introduced during the seminar were in Sanskrit, underlining the importance of the language. This also reflects that the Acharyas and ancient Ayurvedic physicians were not only masters of Ayurveda but also well-versed in Sanskrit, which enriched the depth and precision of their writings.

The seminar witnessed enthusiastic participation from undergraduate and postgraduate students, faculty members, and practicing physicians. The deliberations provided a fruitful academic platform for rediscovering the treasures of Ayurveda manuscripts and reasserted the relevance of Sanskrit as an indispensable medium for accessing them. The program concluded with a vote of thanks, expressing gratitude to the organizing committee, the distinguished speakers, and all participants for making the seminar a truly meaningful academic event.



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